

[HYPERTENSION BLOOD PRESSURE](#)



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Continued. Essential hypertension is also greatly influenced by diet and lifestyle. The link between salt and high blood pressure is especially compelling.

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High Blood Pressure American Heart Association

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Hypertension Wikipedia

Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia. High blood pressure is classified as either primary (essential) high blood pressure or secondary high blood pressure.

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High Blood Pressure Hypertension MedicineNet

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

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Hypertension High Blood Pressure Health Center WebMD

Hypertension Overview. High blood pressure or hypertension increases the risk of heart disease and stroke.

Hypertension risk factors include obesity, drinking too much alcohol, smoking, and family

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High blood pressure hypertension NHS

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes.

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Hypertension Causes symptoms and treatments

Having high blood pressure for a short time can be a normal response to many situations. Acute stress and intense exercise, for example, can briefly elevate blood pressure in a healthy person.

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